

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FS- Fireside DW- Dogwood LR- Library RR- Resident Room FT- Fitness SN- Salon October 2025			1 10:00 am- Sit and be Fit (FS) 10:30 am- Daily Chronicles (FS) 11:00 am- Finish the Phrase (FS) 2:00 pm- Bible Study (LR) 3:00 pm- BINGO! (DW) 4:00 pm- 1-1 Visits with Nancy W! (RR) Yom Kippur Begins	2 10:00 am- Move and Groove (FT) 10:30 am- Fall Garden Prep (P) 11:00 am- Westbury Pharmacy (Restaurant) 2:00 pm- Chef Demo with Ronnie (F) 3:00 pm-Are you smarter than a 5th Grader? 4:00 pm- Smarties Delivery (RR) National Smarties Day	3 10:00 am- Chair Yoga (FT) 10:30 am- Fall Trivia (LR) 11:00pm- Jewelry Making (DW) 12:00pm-2:00pm- Oktoberfest (MPR) 3:00 pm- Card Sharks: War (FS) 4:00 pm- Hot Chocolate Cart (RR) World smile day	4 11:00 am- Sit & Get Fit (FS) 3:00 pm- BINGO! (DW) 4:00 pm- Match Up the Phrase (DW) Cinnamon Roll Day
5 11:00 am- BINGO! 1:00 pm - 3:00 pm- Sunday Cinema (FS) 3:00 pm- Sunday Worship Service (LR) 4:00 pm- Hidden in Plain Sight Puzzles (FS)	6 10:00 am- Sit & Be Fit (FT) 10:30 am- Would you Rather (FS) 11:00 am- Manicures (SN) 2:00 pm- Music with Kelanie the Pianist (DW) 3:00 pm- Fall Leaf Spray Painting (DW) 4:00 pm- Daily Chronicles (RR) Sukkot Begins	7 10:00 am- Move and Groove (FT) 10:30 am-Mix and Make: Apple Chips (FS) 11:00 am- Fall Trivia (FS) 2:00 pm- Corner Store (DW) 3:00 pm- SELF LED- Coloring Group (DW) 4:00 pm- Self Led- Crosswords (FS) National Frappe Day	8 10:00 am- Sit and be Fit (FS) 10:30 am- Daily Chronicles (FS) 11:00 am- Famous Faces (FS) 2:00 pm- Bible Study (LR) 3:00 pm- BINGO! (DW) 4:00 pm- 1-1 Visits with Nancy W! (RR)	9 10:00 am- Cornhole (FT) 10:30 am- Fall Garden Prep (P) 11:00 am- Name that Tune (DW) 2:00 pm- Cotton Ball Ghosts (DW) 3:00 pm- Cheese Tasting (DW) 4:00 pm- Daily Chronicles (RR) National Cheese Day	10 10:00 am- Sit and be Fit (FT) 10:30 am-General Trivia (LR) 11:00 am- P.F. Chang's 2:30 pm- Card Sharks: Uno (FS) 3:00 pm-Flower Arranging for Dinning Room (FS) 4:00 pm- Boat Race Prep (DW)	11 11:00 am- BINGO! (DW) 1:30pm- Mary Stella (DW) 4:00 pm- October Cranium Crunches (FS)
12 11:00 am- BINGO! 1:00 pm - 3:00 pm- Sunday Cinema (FS) 3:00 pm- Sunday Worship Service (LR) 4:00 pm- Famous October Birthdays Word Search (FS)	13 10:00 am- Sit and be Fit (FT) 10:30 am- Columbus Day Trivia (FS) 11:00 am- Manicures (SN) 2:00 pm- Boat Race (DW) 3:00 pm- Blind Drink Taste w Mary Catherine (FS) 4:00 pm- Daily Chronicles (RR) Indigenous Peoples' Day Columbus Day (U.S.)	14 10:00 am- Ladder Golf (FT) 10:30 am- Mix and Make: Pumpkin Cheesecake Balls (FS) 11:00 am- Spider Web Craft (DW) 2:00 pm- Great Big Greenhouse 3:00 pm- Shoots and Ladders (FS) 4:00 pm- Quiet Reading (LR) Simchat Torah Begins	15 10:00 am- Sit and be Fit (FS) 10:30 am- Daily Chronicles (FS) 11:00 am- Bingo (DW) 2:00 pm - Coloring, Crosswords & Word Search (FS) 3:00 pm- Worship with Bob (DW) 4:00 pm- I love Lucy Reruns (FS) I love Lucy Day	16 10:00 am- Move and Groove (FT) 10:30 am-Garden Club (P) 11:00 am- Finish the Lyrics (DW) 2:00 pm- Chef Demo with Joe (FS) 3:00 pm- Movie: The Haunted Mansion (DW) 4:00 pm- Daily Chronicles (RR)	17 10:00 am- Cornhole (FT) 10:30 am- General Knowledge Trivia (FS) 11:00 am- Buzz and Ned's real barbecue (LB) 2:30 pm- Self Led- Crosswords (FS) 3:00 pm- Walking Smores (RR) 4:00 pm- 1-1 Visits with Nancy M! (RR)	18 11:00 am- Fit & Fabulous (FS) 3:00 pm- BINGO! (DW) 4:00 pm- Bananagrams (DW)
19 11:00 am- BINGO! 1:00 pm - 3:00 pm- Sunday Cinema (FS) 3:00 pm- Sunday Worship Service (LR) 4:00 pm - Field Trip Crosswords (FS)	20 10:00 am- Noodle Ball (FT) 10:30 am- Coffee Tasting (FS) 11:00 am- Manicures (SN) 2:00 pm- What's in the Box w Mary Catherine (FS) 3:00 pm- Sorry Board Game (FS) 4:00 pm-Daily Chronicles (RR)	21 10:00 am- Bowling (FT) 10:30 am- Hot Apple Cider (FS) 11:00 am-Mix and Make: Halloween Trail Mix (FS) 2:00 pm- Corner Store (DW) 3:00 pm- Halloween Ghost Craft 4:00 pm- News and Views (FS)	22 10:00 am- Sit and be Fit (FS) 10:30 am- Daily Chronicles (FS) 11:00 am- Pumpkin Pass (FS) 2:00 pm- Bible Study (LR) 3:00 pm- BINGO! (DW) 4:00 pm- 1-1 Visits with Nancy W! (RR)	23 10:00 am- Cornhole (FT) 10:30 am- Garden Club (P) 11:00 am- Name that Tune (DW) 2:00 pm- Deep Dive: Salem Witch Trials (FS) 3:00 pm- Make a Boston Cream Pie (FS) 4:00 pm- Daily Chronicles (RR) National Boston Cream Pie	24 10:00 am- Seated Chair Yoga (FT) 10:30 am- General Trivia (LR) 11:00 am- Olive Garden 2:30 pm- Candy Land Board Game (FS) 3:00 pm- October Birthday Party (DW) 4:00 pm- Flower Arranging for Dinning Room (FS)	25 11:00 am- Mindful Yoga (FS) 3:00 pm- BINGO! (DW) 4:00 pm- Lifelong Learning Puzzles - Seeing Orange (FS)
26 11:00 am- BINGO! 1:00 pm - 3:00 pm- Sunday Cinema (FS) 3:00 pm- Sunday Worship Service (LR) 4:00 pm- Kitchen Items Scrabble Word Building (FS)	27 10:00 am- Dunkin Donuts (FS) 10:30 am- Flower Arranging (DW) 11:00 am- Manicures (SN) 2:00 pm-Memory Lane with Music (FS) 3:00 pm- Blind food Taste (FS) 4:00 pm- Daily Chronicles (RR)	28 10:00 am- Move and Groove (FT) 10:30 am- Popcorn Ball Origin of (FS) 11:00 am- Mix and Make: Halloween Popcorn Balls (FS) 2:00 pm- Virginia Holocaust Museum 3:00 pm- Try Fall Snacks (DW) 4:00 pm- Positive News (FS)	29 10:00 am- Sit and be Fit (FS) 10:30 am- Daily Chronicles (FS) 11:00 am- Fall Riddles (FS) 2:00 pm- Bible Study (LR) 3:00 - 5:00 pm - Trunk or Treat (outside)	30 10:00 am- Ladder Golf (FT) 10:30 am- Garden Club (p) 11:00 am- Finish the Lyrics (DW) 2:00 pm- Paint Pumpkins (DW) 3:00 pm- Pumpkin Spice Tasting (FS) 4:00 pm- Daily Chronicles (RR)	31 10:00 am- Spooky Stretch (FT) 10:30 am- Costume Planning (FS) 11:00 am- Suprise Trip 2:30 pm- Spooky Social (FS) 3:00 pm- Origin of Halloween (FS) 4:00 pm- Self- Led Spooky Coloring (DW) Halloween	*Activities include physical, cognitive, social, spiritual, and intellectual programs. Each activity is scheduled to last at least 30 minutes at most 2 hours. All Activities are subject to change.* 