


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	8:30 Morning Greetings & Daily Agenda 1 9:30 Move it, Shake it Monday (FS) 10:30 Mexican Train (FS) 1:30 Bingo (DW) 3:30 Adie's Dice Game (DW) 6:00 UNO	8:30 Hair Salon Open 2 8:30 Morning Greetings & Daily Agenda 9:30 Turn it up Tuesday (FS) 10:30 Outing: Red Lobster 10:30 LCR (DW) 1:30 Word in A Word (DW) 3:00 Ladder Golf (DW) 6:00 Lets Play War (Card Game)	8:30 Morning Greetings & Daily Agenda 3 9:30 Witness the Fitness (FS) 10:30 Travelogue: Israel (FS) 1:30 Jeopardy (DW) 3:00 Bean Bag Bowling (DW) 6:00 Scrabble	8:30 Morning Greetings & Daily Agenda 4 9:30 Powerhouse Thursday (FS) 10:30 Dice Game (DW) 12:00 In House Luncheon (DW) 3:00 Ring Toss (DW) 6:00 Checkers	8:30 Morning Greetings & Daily Agenda 5 9:30 Simple Stretches (FS) 10:30 Bingo (DW) 2:00 Cornhole (2FT) 6:00 Friday Night Movie Night (Residents Choice)	8:30 Morning Greetings & Daily Agenda 6 9:30 Walk 3 Times 1 0:30 Documentary: John Wayne (FS) 2:00 Bucket Pong (FS) 6:00 Back Gammon	
	8:30 Morning Greetings & Daily Agenda 7 10:00 Walk & Talk W/a Friend 11:00 Church TV (FS) 2:00 Travelogue: Belize (2PR) 6:00 Rummy (Card Game)	June 8:30 Morning Greetings & Daily Agenda 8 9:30 Move it, Shake it Monday (FS) 10:30 Mexican Train (FS) 1:30 Bingo (DW) 3:30 Adie's Dice Game 6:00 Jenga	8:30 Hair Salon Open 9 8:30 Morning Greetings & Daily Agenda 9:30 Turn it up Tuesday (FS) 10:30 Manicure (FS) 1:30 Game of War (Card Game) 3:00 Hatchet Game 6:00 Trouble	8:30 Morning Greetings & Daily Agenda 10 9:30 Morning Motion (FS) 10:30 Resident Council (DW) 2:00 Cardio Drumming W/Linda 6:00 Sorry	8:30 Morning Greetings & Daily Agenda 11 9:30 Powerhouse Thursday (FS) 10:30 LCR (DW) 1:00 Bingo Store (DW) 2:30 You Be the Judge (DW) 6:00 Monopoly	8:30 Morning Greetings & Daily Agenda 12 9:30 Chair Yoga 10:30 Bingo (DW) 2:30 Happy Hour /Featuring Chef Joe-Demo 6:00 Friday night Movie Night (Residents Choice)	8:30 Morning Greetings & Daily Agenda 13 9:30 Walk 3 Times 11:00 Bean Bag Bowling (DW) 1:30 Movie Matinee: The Good the Bad & the Ugly Featuring Clint Eastwood (FS) 6:00 LCR
	8:30 Morning Greetings & Daily Agenda 14 10:00 Walk & Talk W/a Friend 11:00 Church TV (FS) 1:30 Sunday Matinee: Frankie & Johnny Featuring Elvis Presley (FS) 6:00 UNO Flag Day (U.S.)	8:30 Morning Greetings & Daily Agenda 15 9:30 Move it, Shake it Monday (FS) 10:30 Mexican Train (FS) 1:30 Bingo (DW) 3:30 Adie's Dice Game 6:00 Lets Play War (Card Game)	8:30 Hair Salon Open 16 8:30 Morning Greetings & Daily Agenda 9:30 Turn it up Tuesday (FS) 10:30 Outing: Walmart 10:30 Manicure (FS) 1:00 Chair Volleyball (DW) 3:00 Bowling (FT) 6:00 Scrabble	8:30 Morning Greetings & Daily Agenda 17 9:30 Witness the Fitness (FS) 10:30 Travelogue: Sweden 1:30 Lets Make a Rose Flower W/Betty (Craft (DW) 3:45 Entertainment W/ Mary Stella (FS) 6:00 Checkers	8:30 Morning Greetings & Daily Agenda 18 9:30 Powerhouse Thursday (FS) 10:30 Uno Attack Featuring Kathleen from Hospice of Virginia 1:30 Word in a Word (DW) 3:15 Entertainment Featuring David Wolfe 6:00 Back Gammon	8:30 Morning Greetings & Daily Agenda 19 9:30 Simple Stretches (FS) 10:30 Bingo (DW) 2:00 Ladder Golf (DW) 6:00 Friday Night Movie Night (Residents Choice) Juneteenth	8:30 Morning Greetings & Daily Agenda 20 9:30 Walk 3 Times 10:30 Documentary: Judy Garland (FS) 2:00 Ping Pong (DW) 6:00 Rummy (Card Game)
	8:30 Morning Greetings & Daily Agenda 21 10:00 Walk & Talk W/a Friend 11:00 Church TV (FS) 12:00 Father's Day Luncheon 2:00 Travelogue: Scotland (2PR) 6:00 Jenga Summer Begins Father's Day	8:30 Morning Greetings & Daily Agenda 22 9:30 Move it, Shake it Monday (FS) 10:30 Mexican Train (FS) 1:30 Bingo (DW) 3:30 Adie's Dice Game 6:00 Trouble	8:30 Hair Salon Open 23 8:30 Morning Greetings & Daily Agenda 9:30 Turn it up Tuesday (FS) 10:30 Outing: Yin Ching 10:30 Dice Game (DW) 1:30 Table Ball (DW) 3:00 Balloon Bop (DW) 6:00 Sorry	8:30 Morning Greetings & Daily Agenda 24 9:30 Morning Motions (FS) 10:30 Travelogue: Rome Italy 1:30 Ping Pong (DW) 3:30 Entertainment W/ The Good Neighbor Band (FS) 6:00 Monopoly	8:30 Morning Greetings & Daily Agenda 25 9:30 Powerhouse Thursday (FS) 10:30 You Be the Judge (DW) 1:00 Jeopardy (DW) 2:30 Ring Toss (DW) 6:00 LCR	8:30 Morning Greetings & Daily Agenda 26 9:30 Chair Yoga (FS) 10:30 Bingo (DW) 2:30 Happy Hour Firecracker Mocktails W/ Kathleen from Hospice of Virginia 6:00 Friday Night Movie Night (Residents Choice)	8:30 Morning Greetings & Daily Agenda 27 9:30 Walk 3Times 10:30 LCR (DW) 1:30 Movie Matinee: Mad Money Featuring Diane Keaton & Queen Latifah (FS) 6:00 UNO
	8:30 Morning Greetings & Daily Agenda 28 10:00 Walk & Talk W/ a Friend 11:00 Church TV 1:30 Sunday Matinee: Jack & Jill Featuring Adam Sandler (FS) 6:00 Lets Play War (Card Game)	8:30 Morning Greetings & Daily Agenda 29 9:30 Move it, Shake it Monday (FS) 10:30 Mexcan Train (FS) 1:30 Bingo (DW) 3:30 Adie's Dice Game 6:00 Scrabble	8:30 Hair Salon Open 30 8:30 Morning Greetings & Daily Agenda 9:30 Turn it up Tuesday (FS) 10:30 Manicure (FS) 1:30Chair Volleyball (DW) 3:00 UNO (DW) 6:00 Checkers	Location Key: Dogwood Room 2nd Floor FS-Fireside Room 1st Floor SN- Salon 1st Floor RR- Residents Room LB- Lobby 1 st Floor LR- Library 1 st Floor FT- Fitness Room 2nd Floor <h1>June 2026</h1> Activities include Physical, Cognitive, Social, Spiritual & Intellectual Programs. Each activity is scheduled for at least 30 minutes ACTIVITIES ARE SUBJECT TO CHANGE.			